

*Urtext Manuscript Absolute page #1 Marked page #-1 -*

## CHAPTER 1 - INTRODUCTION TO MIRACLES

### T 1 A. Introduction (\*N 1 4:28)

**T 1 A 1.** It is crucial to say first that this is a required course. Only the time you take it is voluntary. Free will does not mean that you establish the curriculum. It means only that you can elect what to take when. It is just because you are not ready to do what you should elect to do that time exists at all. (You will see miracles through your hands through me. You should begin each day with the prayer "Help me to perform whatever miracles you want of me today.")

### T 1 B. Principles of Miracles (\*N 1 4:28)

**T 1 B 1.** The first thing to remember about miracles is that there is no order of difficulty among them. One is not harder or bigger than another. They are all the same.

**T 1 B 2.** Miracles do not matter. They are quite unimportant.

**T 1 B 3.** They occur naturally as an expression of love. The real miracle is the love that inspires them. In this sense, everything that comes from love is a miracle.

**T 1 B 3a.** This explains the first point related to the lack of order. ALL expressions of love are maximal.

**T 1 B 3b.** This is why the "thing in itself"<sup>1</sup> does not matter.<sup>2</sup> The only thing that matters is the Source, and this is far beyond human evaluation.

**T 1 B 3c.** Q and A re: first 3 points.) Q (HS) Would you regard this communication as a kind of miracle? A. There is nothing special or surprising about this at all. The ONE thing that happened was the Universal Miracle which was the experience of intense love that you have felt. (Don't get embarrassed by the idea of love. Embarrassment is only a form of fear, and actually a particularly dangerous form because it reflects egocentricity.)

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<sup>1</sup> The "thing in itself" is a term used in Philosophy to refer to a *noumenon* which is distinct from a *phenomenon* in that while a *phenomenon* is sensed and experienced, the notion of *noumenon* refers to an abstract essence or Platonic ideal independent of sensory perception. A *phenomenon* is that which is perceived; a *noumenon* is the actual object that emits the phenomenon in question. The idea of "human evaluation" is central to the distinction with *noumena* being generally thought of as beyond what can be known by reason or experience. This paragraph certainly appears to be a reference to this philosophical question. Perhaps a reference to Immanuel Kant's *Critique of Pure Reason* in which the means by which knowledge is obtained, ordered and evaluated are extensively explored. The distinction between the noumenon or "thing in itself" and the "cause" or "source" is made here in the Course and is one which Kant's work also addresses.

<sup>2</sup> The *Notes* adds before this sentence "Check back with ©" which refers to **T 1 B 2** "miracles do not matter..."



*Urtext Manuscript Absolute page #3 Marked page #-3 -*

**T 1 B 7.** Miracles are everyone's right, but purification is necessary first.

**T 1 B 8.** Miracles are a form of healing. They supply a lack, and are performed by those who have more for those who have less.

**T 1 B 9.** Miracles are a kind of exchange. Like all expressions of love, which are ALWAYS miraculous in the true sense, the exchange reverses the physical laws.

**T 1 B 10.** A miracle is a reversal of the physical order because it brings more love to the giver AND the receiver.

(A miracle is misunderstood when it is regarded as a spectacle.)

**T 1 B 11.** The use of miracles as a spectacle to INDUCE belief is wrong. They are really used for and by believers.

**T 1 B 11b.** (HS has some fear about 11) and doubt about 9) and 10). Probably doubt induced by fear of 11).

**T 1 B 11c.** (When you say "If you want me to I will" please add "and if you DON'T want me to I won't." This is the RIGHT use of inhibition. There has to be SOME control over learning for channelizing purposes. Remember retroactive inhibition which should be easy enough for you.

**T 1 B 11d.** Sometimes the new learning is the more important, and HAS to inhibit the old. It's a form of correction.)

**T 1 B 12.** Prayer is the medium of miracles. Prayer is the natural communication of the Created with the Creator. Through prayer, love is received, and through miracles love is expressed.

*Urtext Manuscript Absolute page #4 Marked page # -4 -*

**T 1 B 12b.** Miracles are thought-creations. Thought can create lower-order or higher-order realities. This is the basic distinction between intellectualization and thinking. One creates the physical, and the other the spiritual, and we believe in what we create.

**T 1 B 13.** A miracle is a beginning and an end(ing). It thus abolishes time. It is always an affirmation of re-birth, which seems to go back, but really goes forward. It undoes the past in the present, and thus releases the future.

**T 1 B 14.** Miracles attest to truth. They are convincing because they arise from conviction. Without conviction, they deteriorate into magic, which is mindless, and therefore destructive, or rather, the uncreative use of Mind.

**T 1 B 15.** Each<sup>8</sup> day should be devoted to miracles. (God created time so that man could use it creatively, and convince himself of his own ability to create. Time is a teaching device, and a means to an end. It will cease when it is no longer useful for facilitating learning.)

**T 1 B 15b.** SPECIAL INSTRUCTIONS: Notes on this course have to be taken only under good learning conditions. The same goes for review periods. I will tell you when, but REMEMBER TO ASK.<sup>9</sup>

**T 1 B 16.** Miracles are teaching devices for demonstrating that it is more blessed to give than to receive. They simultaneously increase the reserve strength of the giver, and supply the lack of strength in the receiver. BE VERY CAREFUL in interpreting this.

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<sup>8</sup> Manuscript originally had "Every," crossed out and "Each" typed in above it.

<sup>9</sup> *Urtext* manuscript has a closing parenthesis with no matching opening parenthesis in this location.

*Urtext Manuscript Absolute page #5 Marked page # -5 -*

**T 1 B 16b.** INSTRUCTIONS: The purpose of this course is integration. I told you that you will not be able to use it right until you have taken it. As long as your identification vacillates, (and B's is weak) you cannot accept the gift that belongs to you. You are still vacillating between recognizing the gift and throwing it away. B regards himself as too weak to accept it. You do not yet know its healing power. After you have passed the course, you will accept it and keep it and use it. That is the final exam, which you will have no trouble in passing. Midterm marks are not entered on the permanent record.

**T 1 B 17.** Miracles are the absence of the body. They are sudden shifts into invisibility, away from lower order reality. That is why they heal.

**T 1 B 18.** A miracle is a service. It is the maximal service that one soul can render another. It is a way of loving your neighbor<sup>10</sup> as yourself. The doer recognizes his own and his neighbor's inestimable value simultaneously.

**T 1 B 18b.** (This is why no areas of hatred can be retained. If you retain them, your own value is no longer inestimable because, you are evaluating it as X or infinity minus that amount. This is meaningless mathematically, which uses the term "inestimable" only in the very literal sense. Pun intended especially for B, (who originally did not get it.) Intended as a special sign of love.)

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<sup>10</sup> **Leviticus 19:18, Mark 12:31, Mat 19:19, 22:39, Luke 10:27, Romans 13:9** all refer to loving neighbours as thyself.

*Urtext Manuscript Absolute page #6 Marked page # -6 -*

**T 1 B 19.** Miracles rest on the law and order of eternity, not of time.<sup>11</sup>

**T 1 B 20.** Miracles are an industrial necessity. Industry depends on cooperation, and cooperation depends on miracles. (see page 8)

**T 1 B 21.** [1] Miracles are cobwebs of iron. They unite human frailty to the strength of God. (see page 7)

**T 1 B 21b.** (add for 21. HS considered changing "iron" to "steel." Correction: No. Steel would NOT be a better word. Steel is very useful but it would have to be tempered by fire. Iron is the raw material. The point of miracles is that they replace fire, thus making it unnecessary.)

**T 1 B 22.** Miracles are natural expressions of total forgiveness. Through miracles, man accepts God's forgiveness by extending it to others. The second step is inherent in the first, because light cannot tolerate darkness. Light dispels darkness automatically, by definition.

**T 1 B 22b.** EXPLANATORY INSTRUCTIONS: Miracles are associated with fear only because of the fallacy that darkness can hide. Man believes that what he cannot see does not exist, and his physical eyes cannot see in the dark. This is a very primitive solution, and has led to a denial of the spiritual eye, which always depends on light. Remember the Biblical injunction: "May I never forget that THINE eye is ever upon me, beholding the evil and the good."<sup>12</sup>

**T 1 B 22c.** There are two stages, one lower and one higher, which are involved in the escape from darkness: 1) the recognition that darkness CANNOT hide. This usually does entail fear.

**T 1 B 22d.** 2) The recognition that there is nothing you WANT to hide, even if you could. This brings escape from fear.

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<sup>11</sup> The manuscript shows 19 as the third paragraph, following 21a, with lines indicating relocation and renumbering. This copy reflects the re-arrangement and renumbering suggested by these lines, and not the original typing, in these first three paragraphs.

<sup>12</sup> **Proverbs 15:3** The eyes of the LORD are in every place, keeping watch upon the evil and the good.

**Urtext Manuscript Absolute page #7 Marked page # -7 -**

**T 1 B 22e.** Corrections Re Pt. 21 cobwebs of iron. "This is upside down as stated. The part about 'uniting human frailty with the strength of God' is all right, but the explanation stops too soon. If iron is the 'raw material', cobwebs can't become the iron. That is only the way it seems, because cobwebs are associated with the frailty and iron with strength. If you look carefully at the phrasing, you will see it is reversed (one point already tells you that miracles reverse the physical or lower order laws.)

**T 1 B 22f.** The raw material, or iron, is heavy but crude, and stands for the body, which is a crude creation. The cobweb concept is closer to how the body SHOULD be regarded, i.e., as an airy and temporary home, which can just be blown away with a slight breeze.

**T 1 B 22g.** (21. [2])<sup>13</sup> The point should read "A miracle reawakens the awareness that the spirit, and not the body, is the altar of Truth. This is the recognition that leads to the healing power of the miracle."

**T 1 B 22h.** (22a) A miracle rearranges the order of perception, and places the levels in their true perspective. This heals at all levels, because all sickness comes from confusing the levels.

**T 1 B 22i.** (Tell B. about the idea (which is still dim to HS) that the reason is not that you (plural) distantiate, doubt, or cannot believe. It is more of a reaction formation against a pull which you both recognize is so intense that you are afraid that you will be uprooted. But remember that a cobweb is really stronger than the iron, if you see it properly. This fear is also why you couldn't get the point straight.)

**T 1 B 22j.** By the way, it is not true that you are both 'JUST SCRIBES'. You might remember that the Scribes were very wise and holy man and are even sometimes spelled with a capital S. If you want to go further, you might change the meaning of 'just' from 'merely' to 'honest', a term used in the Bible in association with 'might' or 'strength.' Tell B. you couldn't make that pun if the original phrasing had been singular. (HS aside about liking the first about<sup>14</sup> assumption failure more.) Answer:

<sup>13</sup> The "21" here is handwritten in ... as in several instances there is confusion as to numbering and order of principles

<sup>14</sup> The words "first about" here are handwritten in above "assumption" and aren't fully legible, so there might be something else written there

*Urtext Manuscript Absolute page #8 Marked page # -8 -*

It was cuter, but this one MEANS more. The REAL reason you don't like it is because it refers to you in a VERY lofty position. This makes you nervous.)

**T 1 B 22k.** Correction: And don't lose sight of the emphasis on cooperation, or the NOT SINGULAR. That point about "industrial necessity" should read "corporate," referring to the body of Christ which is a way of referring to the Church. But the Church of God is only the sum of the souls he created, which IS the corporate body of Christ. Correct to read: "A Miracle makes souls one in God," and leave in the next part about cooperation.

**T 1 B 22l.** Further correction: "God" should read "Christ." The Father and the Son are not identical, but you CAN say "Like Father, LIKE Son."

**T 1 B 22m.** (Remind B. to get another notebook. I don't give up as easily as HE does. If I could get YOU to listen, which was a miracle in itself, I can get him to register. He should appreciate this more than anyone else, having had some trouble with this problem himself.)

**T 1 B 22n.** "LORD HEAL ME" IS THE ONLY LEGITIMATE PRAYER. This also means "Lord atone for me," because the only thing man should pray for is forgiveness. He HAS everything else.

**T 1 B 22o.** Now take this personally, and listen to Divine logic: If, when you have been forgiven, you have everything else, and

If you have been forgiven

Then you HAVE everything else.

**T 1 B 22p.** This happens to be the simplest of all propositions.

IF P then Q

P

Therefore, Q

**T 1 B 22q.** The real question is, is P true. If you will review the evidence, I think you will find this inescapable. I went on very personal record to this effect, and I am the only completely True Witness for God. You have every<sup>15</sup> right to examine MY credentials—in fact, I urge you to do so. You haven't read the Bible in years.

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<sup>15</sup> Urtext manuscript has "very" but probably this should be "every." That is what the Notes has.



*Urtext Manuscript Absolute page #9 Marked page # -9 -*

**T 1 B 22r.** Special Explanatory Note: As soon as you (H and B) have entered the second phase, you will be not only willing to enter into communion, but will also understand peace and joy. Your commitment is not yet total. That is why you still have more to learn than to teach. When your equilibrium stabilizes, you can teach AS MUCH as you learn. This will give you the proper sense of balance. Meanwhile, remember that NO EFFORT IS WASTED. Unless you remember this, you cannot avail yourself of MY efforts, which are limitless.

**T 1 B 22s.** (Have a good day.) Since only eternity is real, why not use the illusion of time constructively? You might remember that "underneath are the Everlasting Arms." <sup>16</sup>

**T 1 B 22t.** BIBLICAL QUOTATION: "If you are ashamed of me before men, I will be ashamed of you before God,<sup>17</sup>" (HS ? of misquote.) is interpreted as a threat ONLY as long you remain in the first step. (see bottom of p. 6 for steps.)

**T 1 B 22u.** What it REALLY means is that if you are ashamed of me (or embarrassed by love), you will project and therefore make it impossible for me to reach you. Make every effort you can NOT to do this. I will help you as much as you will let me.

**T 1 B 23.** Miracles make time and tide wait for all men. They can heal the sick and raise the dead because man himself made both death and taxes, and can abolish both. Note: Tax also means "strain." (One definition for miracles is: "That which, or one who, is of surpassing excellence or merit.") (from Dictionary, third definition)

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<sup>16</sup> **Deuteronomy 33:27** The eternal God is *thy* dwelling place, And underneath are the everlasting arms: And he thrust out the enemy from before thee, And said, Destroy.

<sup>17</sup> **Mark 8:38** "For whosoever shall be ashamed of me and of my words in this adulterous and sinful generation, the Son of man also shall be ashamed of him, when he cometh in the glory of his Father with the holy angels." Also **Luke 9:2 6** (similar) and **Matthew 10:33** (related)

*Urtext Manuscript Absolute page #10 Marked page # -10 -*

**T 1 B 23b.** YOU are a miracle.<sup>18</sup> God creates only "that which, or one who, is of surpassing excellence or merit." Man is capable of this kind of creation, too, being in the image and likeness<sup>19</sup> of his own Creator. Anything else is only his own nightmare, and does not exist. Only the Creations of Light are real.

**T 1 B 23c.** Miracles<sup>20</sup> are a part of an interlocking chain of forgiveness which, when completed, is the Atonement. This process works all the time and in all dimensions of time. (e.g. given of HS report rewrite for Esther! Esther had hurt something you loved, by writing a report you regarded as very bad. You atoned for her by writing one in her name that was very good. Actually, it was not your responsibility professionally to do this, but because you DO love the Shield you recognized that in this case, you ARE your brother's keeper. While you did not cancel Esther's sin (later defined as "lack of love") you DID cancel out its EFFECTS.

**T 1 B 23d.** Someday I want to tell Esther that not only is she forgiven but that the effects of all her sins are cancelled. This is what I have already told you. When I can tell her, she will be afraid for a long time, because she will remember many things, consciously or unconsciously, including the Shield report, a lack of love which you cancelled out in advance by a miracle of devotion.

**T 1 B 23e.** I am in charge of the process of Atonement, which I undertook to begin. My Atonement was for the canceling out of all sins (i.e., lack of love) which human beings could not otherwise correct. That is what the Biblical statement "underneath are the Everlasting Arms<sup>21</sup>" means. (HS explanation: This means that He will backstop whenever human miracles will not suffice for atonement purposes. However, it is perfectly clear that when a person can atone by miracles, both giver and receiver are atoning. It is better to atone this way because of the mutual benefits involved.)

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<sup>18</sup> The *Notes* starts this paragraph with "That's right that You are a miracle." The glyph for "that" is sometimes indistinguishable from an em dash, so that could be "That's right - You are a miracle." In the *Urtext* we seem to have lost a couple of words.

<sup>19</sup> **Genesis 1:26-27** Then God said, "Let Us make man in Our image, according to Our likeness; let them have dominion over the fish of the sea, over the birds of the air, and over the cattle, over all the earth and over every creeping thing that creeps on the earth." So God created man in His own image; in the image of God He created him; male and female He created them.

<sup>20</sup> Immediately before this in the *Notes* we read: "As long as you take accurate notes, every word is meaningful. But I can't always get through. Whenever possible, I will correct retroactively. Be sure to note all later corrections. They mean that you are more receptive than you were when I tried before.

<sup>21</sup> **Deuteronomy 33:27** The eternal God is *thy* dwelling place, And underneath are the everlasting arms: And he thrust out the enemy from before thee, And said, Destroy.

**Urtext Manuscript Absolute page #11 Marked page #11**

"Inasmuch as you do it unto the least of these, my children" really ends with "you do it unto yourself and ME."<sup>22</sup> The reason why YOU come before me is because I do not need miracles for my own Atonement, but I stand at the end in case YOU fail temporarily.

**T 1 B 23f.** SPECIAL EXPLANATION: (In response to HS request re possible corrections.) Change the word "sin" to "absence of love." Sin is a manmade word with threat connotations which he made up himself. No REAL threat is involved anywhere. Just because "nature abhors a vacuum," which is true enough, it does NOT follow that "a vacuum is filled with hellfire." Nothing is gained by frightening yourself, and it is very destructive. Miracles need freedom from fear. Part of their Atonement value involves just that. Note that the word "atone" really means "undo."

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<sup>22</sup> **Matthew 25:40** (ASV) And the King shall answer and say unto them, Verily I say unto you, Inasmuch as ye did it unto one of these my brethren, *even* these least, ye did it unto me.

*Urtext Manuscript Absolute page #12 Marked page #12*

**T 1 B 23g.** The purpose of the Atonement is to restore everything TO you.

(That is, to restore the awareness. Later clarification.)

You had everything when you were created, just as everyone did.

**T 1 B 23h.** Having been restored to your original state, you naturally become part of the Atonement yourself. You now share MY inability to tolerate the lack of love in yourself and in everyone else, and MUST join the GREAT CRUSADE to correct it. The slogan for this Crusade is "Listen, Learn, and DO."

**T 1 B 23i.** This means Listen to My Voice, Learn to undo the error, and DO something to correct it.

**T 1 B 23j.** The first two are not enough. The real members of MY party are ACTIVE workers.

**Urtext Manuscript Absolute page #13 Marked page #13**

**T 1 B 23k.** The power to work Miracles BELONGS to you. I will create the right opportunities for you to do them. But you must be ready and willing to do them, since you are already able to. Doing them will bring conviction in the ability. I repeat that you will see Miracles through your hands through MINE.<sup>23</sup> Conviction really comes through accomplishment. Remember that ability is the potential, Achievement is its expression, and Atonement is the Purpose.

**T 1 B 24a.** 24 A miracle is a Universal Blessing from God through Me to all My Brothers. Explanation: You once said that souls cannot rest until everyone has found salvation. This happens to be true. It is the privilege of the forgiven to forgive. The Disciples were officially and specifically told to heal others, as Physicians of the Lord. They were also told to heal themselves, and were promised that I would never leave them or forsake them. Atonement is the natural profession of the Children of God, because they have professed Me.

**T 1 B 24b.** (ASIDE. Tell B that that is what Professor really means. As an Assoc. Prof., he must become associated with My strength. As an Asst. Prof., you must assist both him and Me. The Children need both strength and help. You cannot help until you are strong. The Everlasting Arms are your strength, and the Wisdom of God is your help.)

**T 1 B 24c.** "Heaven and Earth shall pass away<sup>24</sup>" means that they will not always exist as separate states. My Word, which is the Resurrection and the Light,<sup>25</sup> shall not pass away, because Life is Eternal. YOU are the work of God, and His Work is wholly loveable and wholly loving. This is how a man MUST think of himself in his heart, because this is what he IS.

**T 1 B 24d.** ADD: "As a man thinketh in his heart, so is he."<sup>26</sup>

<sup>23</sup> This line is actually the first line in Schucman's original notebooks, and the fifth sentence on the first page of this revision. It originally appears slightly different, with the last word "MINE" being "ME" instead.

<sup>24</sup> **Mark 13:31** "Heaven and earth shall pass away: but my words shall not pass away." Also **Matthew 24:25** and **Luke 21:33**

<sup>25</sup> In the *Notes* this is "life" and not "Light." It reflects the Biblical quote: Jesus said to her, "I am the resurrection and the life. He who believes in Me, though he may die, he shall live. John 11:25

<sup>26</sup> I've not been able to locate this line in the *Notes*. "As a man thinketh" is the title of a rather famous little book by James Allen which might well be what the reference points to. While the line sounds like a Biblical quote and does reflect what Jesus was teaching in **Matthew 5:28**, it's not a word for word reference. "**Matthew 5:28** (ASV) but I say unto you, that every one that looketh on a woman to lust after her hath committed adultery with her already in his heart." The idea that the *thought* is causal is central here. The most direct Biblical quote is from **Proverbs 23:7** "For as he thinks in his heart, so is he. "Eat and drink!" he says to you, But his heart is not with you."

*Urtext Manuscript Absolute page #14 Marked page #14*

**The Relationship of Miracles and Revelation>(\*N 75 4:102)**

**T 1 B 24e.** Remember the point about Miracles as a means of organizing different levels of consciousness. Miracles come from the (below conscious) (subconscious) level. Revelations come from the above conscious level. The conscious level is in between and reacts to either sub- or super-conscious impulses in varying ratios. Freud was right about the classification, but not the names. He was also right that the content of consciousness is fleeting. Consciousness is the level which engages in the world, and is capable of responding to both external and internal impulses. Having no impulses from itself, and being primarily a mechanism for inducing response, it can be very wrong.

**T 1 B 24f.** For example, if the identification is with the body, consciousness may distort superconscious impulses by denying their Source, and seeking their impact in the orgasm. This is the result of the "mistaken identity" confusion.

**T 1 B 24g.** If you will look back at the description of the EFFECTS of Revelation you will see that there ARE some similarities<sup>27</sup> in the experiential results but hardly in the content.<sup>28</sup> (*This and preceding paragraph go later*)

**T 1 B 24h.** Revelations induce complete but temporary suspension of doubt and fear. They represent the original form of communication between God and His Souls, before the intrusion of fire and ice made this impossible. It should be noted that they involve an extremely personal sense of closeness to Creation, which man tries to find in sexual relationships. This confusion is responsible for the depression and fear which are often associated with sex.

**T 1 B 24i.** Sex is often associated with lack of love, but Revelation is PURELY a love experience. Physical closeness CANNOT achieve this. As was said before, the subconscious impulses properly induce Miracles, which ARE interpersonal, and result in closeness to others. This can be misunderstood by a personally willful consciousness as an impulse toward sexual gratification.

**T 1 B 24j.** The Revelation unites Souls directly with God

**T 1 B 24k.** The Miracle unites Souls directly with each other.

Neither emanates from consciousness, but both are EXPERIENCED there. This is essential, because consciousness is the state which PRODUCES action, though it DOES NOT Inspire it.

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<sup>27</sup> Originally written in the Notes "superficial similarities," the word "superficial" is crossed out.

<sup>28</sup> The bold characters are not in the *Urtext* but are in the *Notes* and appear to have been omitted inadvertently.

**Urtext Manuscript Absolute page #15 Marked page #15**

**T 1 B 24l.** Man is free to believe what he chooses. What he DOES attests to what he believes.

**T 1 B 24m.** The deeper levels of his subconscious always contain the impulse to Miracles, but he is free to fill its superficial levels, which are closer to consciousness, with the impulses of this world and to identify himself with them. This results in denying himself access to the miracle level underneath. In conscious actions, then, his interpersonal relationships also become superficial, and miracle-inspired relating becomes impossible.

**T 1 B 25.** Miracles are a way of EARNING release from fear.

**T 1 B 25b.** Revelation induces a state in which fear has ALREADY BEEN abolished. Miracles are thus a means, and Revelations are an end. In this sense, they work together.

**T 1 B 25c.** (Tell B. that miracles DO NOT depend on Revelation. They INDUCE it. He is quite capable of miracles already, but he is still too fearful for Revelations.)

**T 1 B 25d** **Note that YOUR (HS) Revelation occurred specifically after you had engaged at the visionary level in a process of DENYING fear.**

**T 1 B 25e.** Revelation is intensely personal, and<sup>29</sup> is actually not translatable into conscious content at all. That is why any attempt to describe it in words is usually incomprehensible, even to the writer himself at another time. This is why the Book of Revelations is essentially incomprehensible. Revelation induces ONLY experience. Miracles, on the other hand, induce interpersonal ACTION. In the end, these are more useful, because of their IMPERSONAL nature.

**T 1 B 25f.** In this phase of learning, working miracles is more valuable because freedom from fear cannot be thrust upon you. The experience cannot last.

**T 1 B 25g.** (Tell B. that your propensity for Revelations, which is very great, is the result of a high level of past communion. Its transitory nature comes from the descent into fear, which has not yet been overcome. His own "suspended" state mitigates both extremes. This has been very apparent in the course of both of your recent developmental patterns.)

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<sup>29</sup> Urtext manuscript has "&" (ampersand) here and in numerous places. It is essentially shorthand for "and" and we expand it to "and."

**Urtext Manuscript Absolute page #16 Marked page #16**

**T 1 B 25h.** Miracles are the essential course of ACTION for both of you. They will strengthen him and stabilize you.

**T 1 B 25i.** (NOTE that the much more personal than usual notes you are taking today reflect the Revelatory experience. This does NOT produce the more generalizable quality which this course is aimed at. They may, nevertheless, be of great help to B. personally, since you asked for something that WOULD help him personally. It depends on how he listens, and how well he understands the COOPERATIVE nature of your joint experience. You can help only by reading this note FIRST. Ask him later if this should be included in the written part of the course at all or whether you should keep these notes separately. He is in charge of these decisions.)

**T 1 B 25j.** (Tell B. he should try to understand the VERY important difference between Christ-control and Christ-guidance. This is what made him fearful yesterday.)

**T 1 B 26.** Miracles praise God through men. They praise God by honoring his Creations, affirming their perfection. They heal because they deny body-identification and affirm<sup>30</sup> Soul-identification. By perceiving the Spirit, they adjust the levels and see them in proper alignment. This places the Spirit at the center, where Souls can communicate directly.

**T 1 B 27.** Miracles should inspire gratitude, not awe. Man should thank God for what he really is. The Children of God are very holy. The miracle honors their holiness.

**T 1 B 27b.** God's Creations cannot lose their holiness, although it can be hidden. The miracle uncovers it, and brings it into the light where it belongs.

**T 1 B 27c.** Holiness can never be really hidden in darkness, but man can deceive himself on this point. This illusion makes him fearful, because in his heart he KNOWS it is an illusion. Like all illusions, he exerts enormous efforts to establish their validity. The miracle sets validity where it belongs. Eternal validity belongs only to the Soul. The miracle acknowledges only the Truth. It thus dispels man's illusions about himself, and puts him into communion with himself and with God.

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<sup>30</sup> Originally "affirms" which presents grammatical problem with agreement in number



*Urtext Manuscript Absolute page #17 Marked page #17*

**T 1 B 27d.** Christ inspires all miracles, which are essentially intercessions. They intercede for man's holiness, and make him holy. They place man beyond the physical laws, and raise him into the sphere of celestial order. In this order, man IS perfect.

**T 1 B 27e.** The Soul never loses its communion with God. Only the mind and body need Atonement. The miracle joins in the Atonement of Christ by placing the mind in the service of the Spirit. This establishes the proper function of mind, and abolishes its errors.

**T 1 B 28.** Miracles honor man, BECAUSE he is loveable. They dispel illusions about himself, and perceive the light in him. They thus atone for his errors by freeing him from his own nightmares. They release him from a prison in which he has imprisoned himself. By freeing his mind from illusions, they restore his sanity, and place him at the feet of Jesus.

**T 1 B 28b.** (Biblical quotation re healing of devil possessed man, in which the sufferer was subsequently found healed in his right mind, and sitting at feet of Jesus.<sup>31</sup> HS note.)

**T 1 B 28c.** (Tell B. man's mind can be possessed by illusions, but his Spirit is eternally free. If a mind creates without love, it can create an empty shell. This CAN be possessed by evil. But the Atonement restores the Soul to its proper place. Unless there is emptiness there is no danger, and emptiness is a false creation. The mind that serves the Spirit is invulnerable.)

**T 1 B 29.** The miracle restores the Soul to its fullness. By atoning for lack, it establishes perfect protection. The strength of the Soul leaves no room for intrusions. The forgiven are filled with the Soul, and their Soul forgives in return. It is the duty of the released to release their brothers.

**T 1 B 29b.** The forgiven ARE the means of Atonement. Those released by Christ must join in releasing their brothers, for this is the plan of Atonement.

**T 1 B 30.** Miracles are the way in which minds that serve the spirit unite with Christ for the salvation (or release) of all God's Creations.

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<sup>31</sup> **Mark 5: 1-15** the account of "Legion" **Mark 5:15** And they came to Jesus and saw him who had been demon-possessed, and had the legion, sitting and clothed and right-minded, the one who had the legion. And they were afraid.

*Urtext Manuscript Absolute page #18 Marked page #18*

**T 1 B 30b.** ASIDE (HS commented on awakening with the phrase "God is not Mocked,"<sup>32</sup> with anticipation of punishment.)

**T 1 B 30c.** INTERPRETATION: "God is not mocked" was intended as reassurance. You are afraid that what you wrote last night was contradictory, conflicting with some earlier points, especially because you were writing while you were all doped up. Remember, "God is not mocked" under any circumstances.

**T 1 B 30d.** Contradictions in MY words mean lack of understanding, or scribal failures, which I make every effort to correct. But they are still NOT crucial. The Bible has the same problem, I assure you, and it's STILL being edited. Consider the power of MY WORD, in that it has withstood all the attacks of error, and is the Source of Truth.

**T 1 B 30e.** (Tell B. that there are certain advantages in being a Psychologist. A major one is the understanding of projection, and the extent of its results. Possession is very closely related to projection. "Lucifer"<sup>33</sup> could be literally translated "Light Bearer."<sup>34</sup> He literally PROJECTED himself from Heaven. Projection still has this "hurling" connotation, because it involves hurling something you DO NOT want, and regard as dangerous and frightening, to someone else. This is the opposite of the Golden Rule, and having placed this rule upside down, the reverse of miracles, or projection, follows automatically.)

**T 1 B 30f.** The correction lies in accepting what is true in YOURSELF, by bringing ALL that you are into light. (HS fearful of writing next part.) Cacey was wrong about Possession, and he was also wrong about hurting himself. One of the major problems with miracle workers is that they are so sure that what they are doing is right, because they KNOW it stems from love, that they do not pause to let ME establish MY limits.

**T 1 B 30g.** While what he (Cacey<sup>35</sup>)[sic] did came from Me, he could NOT be induced to ask me each time whether I wanted him to perform this PARTICULAR miracle. If he had, he would not have performed any miracles that could not get through constructively, and would thus have saved himself unnecessary strain. He burned himself out with indiscriminate miracles, and to this extent did not fulfill his own full purpose, and was also subject to the Scribal error I mentioned at the start. The Disciples were also prone to this.

<sup>32</sup> Gal 6:7 "Be not deceived; God is not mocked: for whatsoever a man soweth, that shall he also reap." Also Job 13:9 Will it be well when He searches you out? Or can you mock Him as one mocks a man?

<sup>33</sup> Isa 14:12 How<sup>349</sup> art thou fallen<sup>5307</sup> from heaven,<sup>4480, 8064</sup> O Lucifer,<sup>1966</sup> son<sup>1121</sup> of the morning!<sup>17837</sup> how art thou cut down<sup>1438</sup> to the ground,<sup>776</sup> which didst weaken<sup>2522, 5921</sup> the nations!<sup>1471</sup>

<sup>34</sup> The Strong's definition, and the translation used in the Revised Version and Good News Version is "morning star."

<sup>35</sup> Almost certainly a reference to Cayce (Edgar) whose name is pronounced KAY-SEE.

*Urtext Manuscript Absolute page #19 Marked page #19*

**T 1 B 30h.** The answer is NEVER perform a miracle without asking me IF you should. This spares you from exhaustion, and because you act under direct communication the trance becomes unnecessary. Because miracles are expressions of love, it does NOT follow that they will always be effective. I am the only one who can perform miracles indiscriminately, because I AM the Atonement. You have a ROLE in Atonement, which I will dictate TO you.

**T 1 B 30i.** Remember, you already have a point about the involuntary nature of miracles. We also have established the fact that everything involuntary belongs under Christ-control, NOT under yours. Under Christ-control, Miracles REPLENISH the doer as well as the receiver.

**T 1 B 30j.** Possession really means "Not under Christ-Control," thus making him (the mind?) vulnerable to projection. The references to the earth-bound entering bodies really refer to the "taking over" by their own earth-bound "thoughts." This IS Demon Possession. After all, Lucifer fell, but he was still an angel. He is thus the symbol for man. Atonement is the knowledge that the belief that angels can fall is false. It is true that mind can create projections as well as miracles, but it's NOT true that projections are REAL. Any psychologist should understand this. This is what is meant by "The Truth shall set you free."<sup>36</sup>

**T 1 B 30k.** Christ-controlled miracles are part of the Atonement, but Christ-guidance is personal, and leads to PERSONAL salvation. The impersonal nature of miracles is an essential ingredient, because this enables Me to control their distribution as I see fit.

**T 1 B 30l.** Christ-guidance, on the other hand, leads to the highly PERSONAL experience of Revelation. This is why it involves PERSONAL choice. A guide does NOT control, by definition, but he does DIRECT, leaving the following up to you. "Lead us not into temptation"<sup>37</sup> means "guide us out of our own errors." Note that the word is "lead," NOT order.

**T 1 B 30m.** "Take up thy cross and follow me"<sup>38</sup> should be interpreted to read "Recognize your errors and choose to abandon them by following My guidance."

<sup>36</sup> **John 8:32** and ye shall know the truth, and the truth shall make you free.

<sup>37</sup> **Matthew 6:13** And bring us not into temptation, but deliver us from evil.

<sup>38</sup> **Mark 10:21** "And Jesus looking upon him loved him, and said unto him, One thing thou lackest: go, sell whatsoever thou hast, and give to the poor, and thou shalt have treasure in heaven: and come, [take up the cross, and\*] follow me." \*This phrase "take up thy cross" appears only in the 1611 "King James" version and not in modern translations which simply have it as "and follow me."

*Urtext Manuscript Absolute page #20 Marked page #20*

**T 1 B 30n.** (Tell B. when he is afraid of Possession, he need only remember that error cannot really threaten Truth, which ALWAYS can withstand its assaults. ONLY the error is really vulnerable.) The "Princes of this World<sup>39</sup>" are princes only because they are really angels. But they are free to establish their kingdom where they see fit.

**T 1 B 30o.** If you will remember that ALL princes INHERIT their power from the Father, the right choice becomes inevitable.

The soul is in a state of grace forever.

Man's reality is ONLY his soul.

Therefore, man is in a state of Grace forever.

**T 1 B 30p.** Atonement undoes all errors in this respect, and thus uproots the REAL source of fear. If you will check back at the reference to uprooting, you will understand it better in this context.

**T 1 B 30q.** (Tell B. that WHENEVER God's reassurances are experienced as threat, it is ALWAYS because man is defending his misplaced and misdirected love and loyalty. That is what projection always involves.)

**T 1 B 30r.** "Casting spells" merely means "affirming error," and error is lack of love. When man projects this onto others, he DOES imprison them, but only to the extent that he reinforces errors they have already made. This distortion makes them vulnerable to the curse of others, since they have already cursed themselves. The miracle worker can only bless, and this undoes the curse and frees the soul from prison.

**T 1 B 30s.** (Tell B. that his slip about (rivet) should be noted. Some slips reach consciousness from the un-Christ-controlled subconscious, and betray a lack of love.)

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<sup>39</sup> **I Corinthians 2:6** Howbeit we speak wisdom among them that are perfect: yet not the wisdom of this world, nor of the princes of this world, that come to nought:

*Urtext Manuscript Absolute page #21 Marked page #21*

**T 1 B 30t.** But others (slips) come from the superconscious, which IS in communion with God, and which can also break into consciousness.

**T 1 B 30u.** HIS slip (rivet) was an expression of a Soul gaining enough strength to request freedom from prison. It will ultimately DEMAND it.

**T 1 B 30v.** Special Revelation for HS

**T 1 B 30w.** You are wholly lovely. A perfect shaft of pure light. Before your loveliness the stars stand transfixed, and bow to the power of your will.

**T 1 B 30x.** What do children know of their creation, except what their Creator tells them?

**T 1 B 30y.** You were created ABOVE the angels because your role involves creation as well as protection.

**T 1 B 30z.** You who are in the image of the Father<sup>40</sup> need bow only to HIM, before whom I kneel with you.

**T 1 B 30aa.** NOTE: This revelation was permitted because you did NOT project onto B. the blame for your omission to ASK ME if you should transcribe the notes. The fact that HE should have done so does not exempt you from your own omission.

**T 1 B 30ab.** Thanks for blessing him with a miracle rather than cursing him with projection.

**T 1 B 30ac.** NOTE FURTHER: HE needn't feel concerned about it either; so he forgot? It happens all the time, until the habit of asking becomes involuntary.

**T 1 B 30ad.** (HS meeting with Dr. Wise and Dr. Damrosch. Dr. D permitted an opportunity for questioning in his capacity as chairman of the flu board for asking re B's flu shot. This was an example of how miracles should work. You did not jump into the question yourself, and even though you DID rush for the phone on Red's advice, you exerted no pressure on B's reluctance.)

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<sup>40</sup> **Genesis 1:27** And God created man in his own image, in the image of God created he him; male and female created he them.

**T 1 B 30ae.** This gave ME a chance to let you leave it to the real expert, whom I sent to answer the question.

**T 1 B 31.** Miracles are examples of right thinking. Reality contact at all levels becomes strong and accurate, thus permitting correct delineation of intra- and interpersonal boundaries. As a result, the doer sees the truth as God created it. This is what is meant by the point on "perspective adjustment."<sup>41</sup>

**T 1 B 32.** A miracle is a correction factor introduced into false thinking by ME.

**T 1 B 32b.** It acts as a catalyst, shaking up erroneous perception and snapping it into place. This correction factor places man under the Atonement principle, where his perception is healed. Until this has occurred, perception of the Divine Order is impossible. True depth perception becomes possible only at the highest order of perceptual integration.

**T 1 B 32c.** The Spiritual eye is the mechanism of miracles, because what the Spiritual eye perceives IS truth. The Spiritual eye perceives both the Creations of God AND the creations of man. Among the creations of man, it can also separate the true from the false by its ability to perceive totally rather than selectively. It thus becomes the proper instrument for reality testing, which always involves the necessary distinction between the true and the false.

**T 1 B 33.** The miracle dissolves error because the Spiritual eye identifies error as false or unreal. This is the same as saying that by seeing light, darkness automatically disappears.

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<sup>41</sup> Page 7, paragraph T 1 B 22h

*Urtext Manuscript Absolute page #23 Marked page #23*

**T 1 B 33b.** Darkness is lack of light. It does not have unique properties of its own. It is an example of the scarcity fallacy, from which only error can proceed.

**T 1 B 33c.** (Truth is always abundant.....Those who perceive and acknowledge that they have everything have no need for driven behavior of any kind. HS has other personal material related to this re pregnancy.)

**T 1 B 34.** Miracles are a blessing from parents to children. This is just another way of phrasing the previous point about "from those who have more to those who have less." Children do NOT belong to parents, but they DO need to share their greater abundance. If they are deprived, their perception becomes distorted. When this occurs, the whole family of God, or the Sonship, is impaired in its relationships.

**T 1 B 34b.** Ultimately, every member of the family of God must return. The miracle calls to him to return, because it blesses and honors him even though he may be absent in spirit.

**T 1 B 35.** The miracle acknowledges all men as your brothers and Mine. It is a way of perceiving the Universal Mark of God in them.

**T 1 B 35b.** (Tell B. that this is the true "strawberry mark" of Brotherhood. This is just a sign of special concern for him, because he keeps worrying about this.)

**T 1 B 35c.** You might add that his false idea about his own exclusion from Universal Love is fallacious in your terms, and arrogant in his. HIS real specialness does NOT stem from exclusion, but from inclusion. ALL My Brothers are special. He should stop interpreting this as "all except B." This is ridiculous!

**Urtext Manuscript Absolute page #24 Marked page #24**

**T 1 B 35d.** Tell him that the implied lack of love that his version contains is WAY off the Mark, and misses the level of right thinking entirely. He MUST heal his perception in this respect. He MUST work a miracle on behalf of himself here<sup>42</sup> (See the point about miracles as a perception corrector) before he can effect miracles as creative energizers, which they are.

**T 1 B 35e.** (Tell B. that 50,000,000 Frenchmen CAN be wrong, because the notion is too fragmented. What CAN'T be wrong is the Universal Sonship of which he is a part.)

**T 1 B 35f.** God WOULD be mocked if ANY of his creations lacked holiness. The Creation IS whole. The mark of Wholeness is Holiness, not holes. THE SONSHIP HAS NO HOLES ANYWHERE.

**T 1 B 36.** Wholeness is the perceptual content of the miracle. It thus corrects (or atones for) the faulty perception of lack.

**T 1 B 36b.** We now turn to the fundamental distinction between miracles and projection. The stimulus MUST precede the response, and must also (determine) (influence) the kind of response that is evoked. The relationships of S and R are EXTREMELY intimate. (The behavioristic terminology is because this part deals with behavior.)

**T 1 B 36c.** Behavior IS response, so that the question "response to what?" becomes crucial.

**T 1 B 36d.** Stimuli of all kinds are identified through<sup>43</sup> perception. You perceive the stimulus and behave accordingly. It follows, then, that:

As ye perceive

So will ye behave

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<sup>42</sup> Urtext manuscript has a period here, apparently a typo.

<sup>43</sup> Originally typed "thru"



**Urtext Manuscript Absolute page #25 Marked page #25**

**T 1 B 36e.** (HS raises point that Biblical language is hardly behavioristic terminology. Answer: No, but they needn't be OUT of accord with each other, either.)

**T 1 B 36f.** Consider the Golden Rule again. You are asked to behave towards others as you would have them behave toward you. This means that the perception of both must be accurate, since the Golden Rule is the Order for appropriate behavior. You can't behave appropriately unless you perceive accurately, because appropriate behavior **DEPENDS** on lack of level confusion. The presence of level confusion **ALWAYS** results in variable reality testing, and hence variability in behavioral appropriateness.

**T 1 B 36g.** All forms of self image debasement are **FUNDAMENTAL** perceptual distortions. They inevitably produce either self-contempt<sup>44</sup> or projection, and usually both.

**T 1 B 36h.** Since you and your neighbor are equal members of the same family, as you perceive both, so will you behave toward both. The way to perceive for Golden Rule behavior is to look out from the perception of your own holiness and perceive the holiness of others.

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<sup>44</sup> Not originally hyphenated

**T 1 B 36i.** B. and you need considerable clarification of the channel role. Look carefully at Mrs. Albert. She is working miracles every day, because she knows who she is. I emphasize again that your tendency to forget names is not hostility, but a fear of involvement or RECOGNITION. You had misinterpreted human encounters as opportunities for magic rather than for miracles and so you tried to PROTECT THE NAME. This is a very ancient and primitive way of trying to protect a person.

**T 1 B 36j.** NOTE The very old Jewish practice of changing the name of a person who is very ill, so that when the list is given to the Angel of Death, the person with that name will not be found.

**T 1 B 36k.** This is a good example of the curiously literal regression which can occur in very bright people when they become afraid. You and B. both do it. Actually, it is a device closely related to the phobia, in the sense that they both narrow fear to a simple aspect of a much larger problem in order to enable them to avoid it.

**T 1 B 36l.** A similar mechanism works when you get furious about a comparatively minor expression by someone to whom you are ambivalent. A good example of this is your response to Jonathan, who DOES leave things around in very strange ways. Actually, he does this because he thinks that by minor areas of disorganization he can protect his stability. I remind you that you have done this yourself for years, and should understand it very well. This should be met with great charity, rather than with great fury.

**T 1 B 36m.** The fury comes from your awareness that you do not love Jonathan as you should, and you narrow your lack of love by centering your hate on trivial behavior in an attempt to protect him from it.<sup>45</sup> You also call him Jonathan for the same reason (see previous reference).

**T 1 B 36n.** Note that a name is a human symbol that "stands for" a person. Superstitions about names are very common for just that reason. That is also why people sometimes respond with anger when their names are spelled or pronounced incorrectly.

**T 1 B 36o.** Actually, the Jewish superstition about changing the names was a distortion of a revelation about how to alter or avert death. What the revelation's proper content was that those "who change their mind" (not name) about destruction (or hate) do not need to die. Death is a human affirmation of a belief in hate.<sup>46</sup> That is why the Bible says "There is no death,"<sup>47</sup> and that is why I demonstrated that death does not exist. Remember that I came to FULFILL the law by<sup>48</sup> RE-INTERPRETING<sup>49</sup> it. The law itself, if properly understood, offers only protection to man. Those who have not yet "changed their minds" have entered the "hellfire" concept into it.

**T 1 B 36p.** Remember, I said before that because "nature abhors a vacuum," it does NOT follow that the vacuum is filled with hell fire. The emptiness engendered by fear should be replaced by love, because love and its absence are in the same dimension, and correction cannot be undertaken except WITHIN a dimension. Otherwise, there has been a confusion of levels.

<sup>45</sup> Manuscript omits "an," handwriting fills it in

<sup>46</sup> Manuscript has h and f overtyped, so it could be "hate" or "fate" but the "f" is the clearer. *HLC* has "fate." The *Notes* clearly has "hate."

<sup>47</sup> But has now been revealed by the appearing of our Savior Jesus Christ, who has abolished death and brought life and immortality to light through the gospel, 2 Timothy 1:10 ; And God will wipe away every tear from their eyes; there shall be no more death, nor sorrow, nor crying. There shall be no more pain, for the former things have passed away." Revelation 21:4

<sup>48</sup> Manuscript omits "by," handwriting fills it in

<sup>49</sup> **Matthew 5:17** Do not think that I came to destroy the Law or the Prophets. I did not come to destroy but to fulfill.

**T 1 B 36q.** Returning to Mrs. Albert (not Andrews), she corrected your error about her name without embarrassment and without hostility, because she has NOT made your own mistake about names.

**T 1 B 36r.** She is not afraid, because<sup>50</sup> she knows she is protected. She made the correction ONLY because you were inaccurate, and the whole question of embarrassment did not occur to her.

**T 1 B 36s.** She was also quite unembarrassed when she told you that everything has to be done to preserve life, because you never can tell when God may come and say "Get up, Dave," and then he will.

**T 1 B 36t.** She did not ask what YOU believed first, and afterwards merely added "and it's true, too." The RIGHT answer to the SCT item is: WHEN THEY TOLD ME WHAT TO DO, I "referred the question to the only REAL authority."

**T 1 B 36u.** (HS note: If you ask somebody what he believes before you tell him what you believe, then you are implying that you will say what he approves. This is not "the real authority.")

**T 1 B 36v.** You took a lot of notes on "Those who are ashamed of Me before men, them will I be ashamed of before God."<sup>51</sup> This was rather carefully clarified, even though the quotation is not quite right, but it doesn't matter.

**T 1 B 36w.** The important thing is that elsewhere in the Bible it also says "Those who represent (or plead for) Me to men will be represented (or pleaded for) BY Me before God."<sup>52</sup> (Note: This quotation is also not the correct Biblical phrasing, but it IS what it means.) Note that one who represents also "witnesses for." The quotation thus means that you represent or "witness for" the authority in whom you believe.

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<sup>50</sup> Originally typed "bec."

<sup>51</sup> **Matthew 10:33** But whosoever shall deny me before men, him will I also deny before my Father which is in heaven. Also Mark 8:38 and Luke 9:2

<sup>52</sup> **Matthew 10:32** Every one therefore who shall confess me before men, him will I also confess before my Father which is in heaven.

*Urtext Manuscript Absolute page #29 Marked page #29*

**T 1 B 36x.** Your witnessing DEMONSTRATES your belief, and thus strengthens it.

**T 1 B 36y.** I assure you that I will "witness for" anyone who lets me, and to whatever extent he himself permits it.

**T 1 B 36z.** Those who witness<sup>53</sup> for me are expressing, through their miracles, that they have abandoned deprivation in favor of the abundance they have learned BELONGS to them.

**T 1 B 37** A MAJOR contribution of miracles is their strength in releasing man from his misplaced sense of isolation, deprivation, and lack. They are affirmations of Sonship, which is a state of completion and abundance.

**T 1 B 37b.** B's very proper emphasis on "changing your mind" needs clarification.

**T 1 B 37c.** Whatever is true and real is eternal, and CANNOT change or be changed. The Soul is therefore unalterable because it is ALREADY perfect, but the mind can elect the level it chooses to serve. The only limit which is put on its choice is that it CANNOT serve two masters.<sup>54</sup>

**T 1 B 37d.** While the ballot itself is a secret one, and the right to vote is fully protected, voting ALWAYS entails both election AND rejection. If two candidates are voted for, for the same position, the machine cancels the ballot automatically.

**T 1 B 37e.** This is necessary, because a split vote does not represent ANY REAL allegiance.

<sup>53</sup> Isaiah 43:10

"You are My witnesses," says the LORD,  
 "And My servant whom I have chosen,  
 That you may know and believe Me,  
 And understand that I am He.  
 Before Me there was no God formed,  
 Nor shall there be after Me.

Isaiah 43:12

I have declared and saved,  
 I have proclaimed,  
 And there was no foreign god among you;  
 Therefore you are My witnesses,"  
 Says the LORD, "that I am God.

**Acts 1:8** But you shall receive power when the Holy Spirit has come upon you; and you shall be witnesses to Me in Jerusalem, and in all Judea and Samaria, and to the end of the earth.

<sup>54</sup> **Luke 16:13** No servant can serve two masters: for either he will hate the one, and love the other; or else he will hold to one, and despise the other. Ye cannot serve God and mammon.

**T 1 B 37f.** Free will is the attribute of the mind, NOT the Soul. The Soul always remains changeless, because it never leaves the sight of God.

**T 1 B 37g.** The Creation of the Soul is already fully accomplished. The mind, if it votes to do so, becomes a medium by which the Soul can create along the line of its own creation. If it does not freely elect to do so, it retains this creative ability, but places itself under tyrannous rather than authoritative control. As a result, what it creates is imprisonment, because such are the dictates of tyrants.

**T 1 B 37h.** To "change your mind" means to place it at the disposal of True authority. The miracle is thus a sign that the mind has elected to be guided by Christ in HIS service. The abundance of Christ<sup>55</sup> is the natural result of choosing to follow him.

**T 1 B 37i.** P.S. The reason you have been late recently (for work) because you were taking dictation is merely because you didn't remember to ask me when to stop. This is an example of the "indiscriminate or uncontrolled" miracle-working we already spoke of. It is well-meant but ill-advised.

**T 1 B 37j.** I prompted that call from Jack (taxi man - couldn't pick HS up, etc.) to show you that this is not necessary. Also, the other man needed the money more today.

**T 1 B 37k.** NOTE that you managed to fill your scribal role with no interruptions, and were also on time.

**T 1 B 37l.** NOTE also that you closed the book and put it aside WITHOUT consulting me. ASK "Is that all?" ANSWER: No: add the following: These notes are serving, among other things, to replace the "handwriting on the wall" which you once saw next to your own altar, which read "You have been<sup>56</sup> weighed in the balance and found wanting."

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<sup>55</sup> Then He said to them, "Follow Me, and I will make you fishers of men." Matthew 4:19

<sup>56</sup> Manuscript omits "been," which is handwritten in.

*Urtext Manuscript Absolute page #31 Marked page #31*

**T 1 B 37m.** Scribes MUST learn Christ-control, to replace their former habits, which DID produce scarcity rather than abundance. From errors of this kind, the sense of deprivation IS inevitable, but very easily corrected.

**T 1 B 37n.** The following is in relation to question about sex. Tell B. "the one more river" is related to sex. You might even explain it to him as a "tidal wave," a term which he will understand. YOU won't.

**T 1 B 37o.** Both of you are involved with unconscious distortions (above the miracle level), which are producing a dense cover over miracle-impulses which makes it hard for them to reach consciousness. Sex and miracles are both WAYS OF RELATING. The nature of any interpersonal relationship is limited or defined by what you want it to DO which is WHY you want it in the first place. Relating is a way of achieving an outcome.

**T 1 B 37p.** Indiscriminate sexual impulses resemble indiscriminate miracle impulses in that both result in body image misperceptions. The first is an expression of an indiscriminate attempt to reach communion through the body. This involves not only the improper self identification, but also disrespect for the individuality of others. Self-control is NOT the whole answer to this problem, though I am by no means discouraging its use. It must be understood, however, that the underlying mechanism must be uprooted (a word you both should understand well enough by now not to regard it as frightening).

**T 1 B 37q.** ALL shallow roots<sup>57</sup> have to be uprooted, because they are not deep enough to sustain you. The illusion that shallow roots can be deepened and thus made to hold is one of the corollaries on which the reversal of the Golden Rule,<sup>58</sup> referred to twice before, is balanced. As these false underpinnings are uprooted (or given up), equilibrium is experienced as unstable. But the fact is that NOTHING is less stable than an orientation which is upside down. Anything that holds it this way is hardly conducive to greater stability.

**T 1 B 37r.** The whole danger of defenses lies in their propensity to hold misperceptions rigidly in place. This is why rigidity is regarded AS stability by those who are off the mark.

**T 1 B 37s.** NOTE The only final solution - (no, Helen, this has nothing to do with the Nazi use of the term.) You just got frightened again. One of the more horrible examples of inverted or upside down thinking (and history is full of horrible examples of this) is the fact that the Nazis spelled their appalling error with capital letters. I shed many tears over this, but it is by no means the only time I said "Father, forgive them for they know not what they do."

**T 1 B 37t.** All actions which stem from reverse thinking are literally the behavioral expressions of those who know not what they do.<sup>59</sup> Actually, Jean Dixon was right in her emphasis on "Feet on the ground and fingertips in the Heaven," though she was a bit too literal for your kind of understanding. Many people knew exactly what she meant, so her statement was the right miracle for them.

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<sup>57</sup> **Luke 8:13** But the ones on the rock are those who, when they hear, receive the word with joy; and these have no root, who believe for a while and in time of temptation fall away.

<sup>58</sup> **Matthew 7:12** Therefore, whatever you want men to do to you, do also to them, for this is the Law and the Prophets.

<sup>59</sup> **Luke 23:34** Then Jesus said, "Father, forgive them, for they do not know what they do." And they divided His garments and cast lots.



**T 1 B 37u.** For you and Bill, it would be better to consider the concept in terms of reliability and validity. A rigid orientation can be extremely reliable, even if it IS upside down. In fact, the more consistently upside down it is, the more reliable it is, because consistency always held up better mathematically than test-re-test comparisons, which were ALWAYS on shaky ground. You can check this against Jack's notes if you wish, but I assure you its true. Split-half reliability is statistically a MUCH stronger approach. The reason for this is that correlation which is the technique applied to test-re-test comparisons, measures only the EXTENT OF association, and does not consider the Direction at all.

**T 1 B 37v.** But two halves of the same thing MUST go in the same direction, if there is to be accuracy of measurement. This simple statement is really the principle on which split half reliability, a means of estimating INTERNAL consistency, rests.

**T 1 B 37w.** Note, however, that both approaches leave out a very important dimension. Internal consistency criteria disregard time, because the focus is on one-time measurements. Test-retest comparisons are BASED on time intervals, but they disregard direction.

**T 1 B 37x.** It is possible, of course, to use both, by establishing internal consistency AND stability over time. You will remember that Jack once told his class that the more sophisticated statisticians are concentrating more and more on reliability, rather than validity. The rationale for this, as he said, was that a reliable instrument DOES measure something. He also said, however, that validity is still the ultimate goal, which reliability can only serve.

**T 1 B 37y.** I submit (I'm using Jack's language in this section, because it always had a special meaning for you. So did Jack.) Your confusion of sex and statistics is an interesting example of this whole issue. Note that night you spent in the scent of roses doing a complex factorial analysis of covariance. It's a funny story to others, because they see a different kind of level confusion than the one you yourself were making. You might recall that YOU wanted that design, and Jack opposed it. One of the real reasons why that evening was so exhilarating was because it represented a "battle of intellects," (both good ones, by the way), each communicating exceptionally clearly but on opposite sides. The sexual aspects were naturally touched off in both of you, because of the sex and aggression confusion.

**T 1 B 37z.** (It is especially interesting that after the battle ended on a note of compromise<sup>60</sup> with your agreeing with Jack, he wrote in the margin of your notes "virtue is triumphant." (HS note re submission-dominance, feminine-masculine roles, entered into this.) While this (remark) was funny to both of you at the time, you might consider its truer side. The virtue lay in the complete respect each of you offered to the other's intellect. Your mutual sexual attraction was also shared. The error lay in the word "triumphant." This had the "battle" connotation, because neither of you was respecting ALL of the other. There is a great deal more to a person than intellect and genitals. The omission was the Soul.)

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<sup>60</sup> The words "on a note of compromise" are crossed out in the *Urtext* manuscript but those words are underlined in the *Notes*.

**T 1 B 37aa.** I submit (after a long interruption) that if a mind (Soul) is in valid relationship with God, it CAN'T be upside down. Jack and the other very eminent methodologists have abandoned validity in favor of reliability because they have lost sight of the end and are concentrating on the means.

**T 1 B 37ab.** Remember the story about the artist who kept devoting himself to inventing better and better ways of sharpening pencils. He never created anything, but he had the sharpest pencil in town. (The language here is intentional. Sex is often utilized on behalf of very similar errors. Hostility, triumph, vengeance, self-debasement, and all sort of expressions of the lack of love are often VERY clearly seen in the accompanying fantasies. But it is a PROFOUND error to imagine that, because these fantasies are so frequent (or occur so reliably), that this implies validity. Remember that while validity implies reliability the relationship is NOT reversible. You can be wholly reliable, and ENTIRELY wrong.

**T 1 B 37ac.** While a reliable test DOES measure something, what USE is the test unless you discover what the "something" is? And if validity is more important than reliability, and is also necessarily implied BY it, why not concentrate on VALIDITY and let reliability fall naturally into place.

**T 1 B 37ad.** Intellect may be a "displacement upward," but sex can be a "displacement outward." How can man "come close" to others through the parts of him which are really invisible? The word "invisible" means "cannot be seen or perceived."

**Urtext Manuscript Absolute page #36 Marked page #36**

What cannot be perceived is hardly the right means for improving perception.

**T 1 B 37ae.** The confusion of miracle impulse with sexual impulse is a major source of perceptual distortion, because it INDUCES rather than straightening out the basic level-confusion which underlies all those who seek happiness with the instruments of the world. A desert is a desert is a desert. You can do anything you want in it, but you CANNOT change it from what it IS. It still lacks water, which is why it IS a desert (Bring up that dream about the Bluebird. While HS was looking for this dream, she came across another. The message was to bring both, as an excellent example of how extremely good HS had become over the intervening 25 years at sharpening pencils. Note that the essential content hasn't changed; it's just better written.) The thing to do with a desert is to LEAVE.

**T 1 B 38.** Miracles arise from a miraculous state of mind. By being One, this state of mind goes out to ANYONE, even without the awareness of the miracle worker himself. The impersonal nature of miracles is because Atonement itself is one, uniting all creations with their Creator.

**T 1 B 39.** The miracle is an expression of an inner awareness of Christ and acceptance of his Atonement. The mind is then in a state of Grace, and naturally becomes gracious, both to the Host within and the stranger without. By bringing in the stranger, he becomes your brother.<sup>61</sup>

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<sup>61</sup> **Matthew 25:35** For I was hungry and you gave Me food; I was thirsty and you gave Me drink; I was a stranger and you took Me in;

*Urtext Manuscript Absolute page #37 Marked page #37*

**T 1 B 39b.** The miracles you are told NOT to perform have not lost their value. They are still expressions of your own state of Grace, but the ACTION aspect of the miracle should be Christ-controlled, because of His complete Awareness of the Whole Plan. The impersonal nature of miracle-mindedness ensures YOUR own Grace, but only Christ is in a position to know where Grace can be BESTOWED.

**T 1 B 40.** A miracle is never lost. It touches many people you may not even know, and sometimes produces undreamed of changes in forces of which you are not even aware. This is not your concern. It will also always bless YOU. This is not your concern, either. But it IS the concern of the Record. The Record is completely unconcerned with reliability, being perfectly valid because of the way it was set up. It ALWAYS measures what it was supposed to measure.

**T 1 B 40b.** I want to finish the instructions about sex, because this is an area the miracle worker MUST understand.

**T 1 B 40c.** Inappropriate sex drives (or misdirected miracle-impulses)<sup>62</sup> result in guilt if expressed, and depression if denied. We said before that ALL real pleasure comes from doing God's will.<sup>63</sup> Whenever it is NOT done an experience of lack results. This is because NOT doing the will of God IS a lack of self.

**T 1 B 40d.** Sex was intended as an instrument for physical creation to enable Souls to embark on new chapters in their experience, and thus improve their record. The pencil was NOT an end in itself. (See earlier section.)

It was an aid to the artist in his own creative endeavors.

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<sup>62</sup> This bracket not in manuscript.

<sup>63</sup> **Ephesians 2:8** For by grace you have been saved through faith, and that not of yourselves; it is the gift of God,

*Urtext Manuscript Absolute page #38 Marked page #38*

As he made new homes for Souls and guided them through the period of their own developmental readiness, he learned the role of the father himself. The whole process was set up as a learning experience in gaining Grace.

**T 1 B 40e.** The pleasure which is derived from sex AS SUCH is reliable only because it stems from an error which men shared. AWARENESS of the error produces the guilt. DENIAL of the error results in projection. CORRECTION of the error brings release.

**T 1 B 40f.** The only VALID use of sex is procreation. It is NOT truly pleasurable in itself. "Lead us not into Temptation" means "Do not let us deceive ourselves into believing that we can relate in peace to God or our brothers with ANYTHING external."

**T 1 B 40g.** The "sin of onan" was called a "sin" because it involved a related type of self-delusion; namely, that pleasure WITHOUT relating can exist.

**T 1 B 40h.** To repeat an earlier instruction, the concept of either the self or another as a "sex-OBJECT" epitomizes this strange reversal. As B. put it, and very correctly, too, it IS objectionable, but only because it is invalid. Upside down logic produces this kind of thinking.

**T 1 B 40i.** Child of God, you were created to create the good, the beautiful, and the holy. Do not lose sight of this. You were right in telling B. to invite Me to enter anywhere temptation arises. I will change the situation from one of inappropriate sexual attraction to one of impersonal miracle-working. The concept of changing the channel for libidinal expression is Freud's greatest contribution, except that he did not understand what "channel" really means.

**T 1 B 40j.** The love of God, for a little while, must still be expressed through one body to another. That is because the real vision is still so dim. Everyone can use his body best by enlarging man's perception, so he can see the real VISION. THIS VISION is invisible to the physical eye. The ultimate purpose of the body is to render itself unnecessary. Learning to do this is the only real reason for its creation.

**T 1 B 40k.** NOTE Scribes have a particular role in the Plan of Atonement, because they have the ability to EXPERIENCE revelations themselves, and also to put into words enough of the experience to serve as a basis for miracles.

*Urtext Manuscript Absolute page #40 Marked page #40*

**T 1 B 40l.** (This refers to experiences at the visionary level, after which HS wrote "If you will tell me what to do, I will to do it." She had not known that the word "to" was inserted, and had merely intended to write "I will do it." This recognition had a terrific impact on HS.)

**T 1 B 40m.** This is why you EXPERIENCED that revelation about "I will to do" VERY personally, but also WROTE IT: What you wrote CAN be useful to miracle workers other than yourself. We said before that prayer is the medium of miracles. The miracle prayer IS what you wrote, i.e. "If you will tell me what to do, I will to do it." \*

**T 1 B 40n.** This prayer is the door that leads out of the desert forever.

**T 1 B 40o.** \*(Correction next day. This is not a complete statement, because it does not exclude the negative. We have already told you to add "and NOT to do what you would not have me do." in connection with miracles. The distinction has also been made here between "miracle-mindedness" as a STATE, and "miracle-doing" as its expression.

**T 1 B 40p.** The former needs YOUR careful protection, because it is a state of miracle-READINESS. This is what the Bible means in the many references to "Hold yourself ready" and other similar injunctions.

**T 1 B 40q.** Readiness here means keep your perception right side up, (or valid), so you will ALWAYS be ready, willing, and able. These are the essentials for "listen, learn, and do." You must be

READY to listen

WILLING to learn

and ABLE to do

**T 1 B 40r.** Only the last is involuntary, because it is the APPLICATION of miracles which must be Christ-controlled. But the other two, which are the voluntary aspects of miracle-mindedness, ARE up to you.



**T 1 B 40s.** To channelize DOES have a "narrowing down" connotation, though NOT in the sense of lack. The underlying state of mind, or Grace is a total commitment. Only the DOING aspect involves the channel at all. This is because doing is always specific.

**T 1 B 40t.** As Jack said, "A reliable instrument must measure something," but a channel is also valid. It must learn to do ONLY what it is supposed to do. Change the prayer to read:

If you will tell me what to do,

ONLY THAT I will to do.

**T 1 B 40u.** NOTE HS objects to doggerel sound of this, and regards it as very inferior poetry. ANSWER: It's hard to forget, though.

**T 1 B 40v.** The Revelation is literally unspeakable, because it is an experience of unspeakable love. The word "Awe" should be reserved only for revelations, to which it is perfectly and correctly applicable. It is NOT appropriately applied to miracles, because a state of true awe is worshipful. It implies that one of a lesser order stands before the Greater One. This is the case only when a Soul stands before his Creator. Souls are perfect creations, and should be struck with awe in the presence of the Creator of Perfection.

**T 1 B 40w.** The miracle, on the other hand, is a sign of love among equals. Equals cannot be in awe of each other, because awe ALWAYS implies inequality. Awe is not properly experienced even to me. That is why in that short introductory vision, I knelt beside you, FACING the light.

**T 1 B 40x.** An Elder Brother is entitled to respect for his greater experience, and a reasonable amount of obedience for his greater wisdom. He is also entitled to love, because he is a brother, and also to devotion, if he is devoted. It is only my own devotion that entitles me to yours. But you will notice that I have knelt at your altar as readily as I would ever have you kneel at mine.

**T 1 B 40y.** There is nothing about me that you cannot attain. I have nothing that does not come from God. The main difference between us as yet is that I have NOTHING ELSE. This leaves me in a state of true holiness, which is only a POTENTIAL in you.

**T 1 B 40z.** "No man cometh to the Father but by me<sup>64</sup>" is among the most misunderstood statements in the Bible. It DOES NOT mean that I am in anyway separate (or different) from you, EXCEPT IN TIME. Now, we know that time does not exist. Actually, the statement is much more meaningful if it is considered on a vertical rather than a horizontal axis. Regarded along the vertical, man stands below me, and I stand below God. In the process of "rising up," I AM higher. This is because without me the distance between God and man is too great for man to encompass. I bridge the distance as an Elder Brother<sup>65</sup> to man, on the one hand, and a Son of God on the other. My devotion to my brothers has placed me in charge of the Sonship, which I can render complete only to the extent I can SHARE it.

**T 1 B 40aa.** This appears to contradict another statement: "I and my Father are one." It doesn't. There are still separate parts in the statement, in recognition of the fact that the Father is GREATER. Actually, the original statement was "are of one KIND."

**T 1 B 40ab.** The Holy Spirit is the Bringer of Revelations, not miracles. Revelations are INDIRECTLY inspired by me, because I am close to the Holy Spirit, and alert to revelation-readiness in my brothers.

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<sup>64</sup> **John 14:6** "Jesus saith unto him, I am the way, and the truth, and the life: no one cometh unto the Father, but by me."

<sup>65</sup> **Romans 8:29** For whom He foreknew, He also predestined to be conformed to the image of His Son, that He might be the firstborn among many brethren.

**Urtext Manuscript Absolute page #43 Marked page #43**

I can thus BRING DOWN to them more than they can DRAW down to themselves. Jean Dixon's description is perhaps a better statement of my position. Because my feet are on the ground and my hands are in heaven, I can bring down the glories of Heaven to my brothers on earth.

**T 1 B 40ac.** The Holy Spirit is the Highest Communication Medium. Miracles do not involve this type of communication, because they are TEMPORARY communicative devices. When man can return to his original form of communication with God by direct REVELATION, the need for miracles is over. The Holy Spirit mediates higher to lower order communication, keeping the direct channel from God to man open for revelation. Revelation is NOT reciprocal. It is always FROM God TO man. This is because God and man are NOT equal. The miracle is reciprocal because it ALWAYS involves equality.

**T 1 B 40ad.** In the longitudinal (or horizontal) plane, the true equality of all men in the Sonship appears to involve almost endless time. But we know that time is only an artifact introduced as a learning aid.

**T 1 B 41.** The miracle is a learning device which lessens the need for time. The sudden shift<sup>66</sup> from horizontal to vertical perception which the miracle entails introduces an interval from which the doer and the receiver both emerge much farther along in time than they would otherwise have been.

**T 1 B 41b.** A miracle has thus the unique property of abolishing time by rendering the space of time it occupies unnecessary. There is NO relation between the time a miracle TAKES and the time it COVERS. It substitutes FOR learning that might have taken thousands of years. It does this by the underlying recognition of perfect equality and holiness between doer and receiver on which the miracle rests.

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<sup>66</sup> The manuscript has the plural "shifts" whereas the *Notes* has the singular "shift." The verb in the sentence, "introduces" is singular in both so we conclude the pluralization was a typing mistake. It must be either "shifts introduce" or "shift introduces."

**Urtext Manuscript Absolute page #44 Marked page #44**

It is unstable, but perfectly consistent, i.e., it does not occur predictably across time, and it rarely occurs in comparable forms. But within ITSELF it is perfectly consistent. Since it contains NOTHING BUT an acknowledgment of equality and worth, all parts ARE equal. This establishes the prerequisite for validity.

**T 1 B 41c.** We said before that the miracle abolishes time. It does this by a process of COLLAPSING it. It thus abolishes certain INTERVALS within it. It does this, however, WITHIN the larger temporal sequence.

**T 1 B 41d.** The validity of the miracle, then, is PREDICTIVE, not logical, within the temporal schema. It establishes an out-of-pattern time interval, which is NOT under the usual laws of time. Only in this sense is it timeless. By collapsing time, it literally saves time, much the way "daylight saving time" does. It rearranges the distribution of light.

**T 1 B 41e.** The miracle is the only device which man has at his immediate disposal for controlling time. Only the Revelation TRANSCENDS it, having nothing to do with time at all. The miracle is much like the body, in that both are learning aids which aim at facilitating a state in which they are unnecessary. When the Soul is finally in the original state of direct communication, neither the body nor the miracle serves any purpose.

**T 1 B 41f.** While he is IN the body, however, man can choose between loveless and miraculous channels of creativity. He can create an empty shell (see previous reference), but he DOES NOT create nothing at all. He can wait, delay, paralyze himself, reduce his creativity almost to nothing, and even introduce a real developmental arrest or regression. But he CANNOT abolish his creativity. He CAN destroy his medium of communication, but NOT his potential.

*Urtext Manuscript Absolute page #45 Marked page #45*

**T 1 B 41g.** He was NOT created by his own free will. Only what HE creates is his to decide. The basic decision of the miracle-minded is NOT to wait on time any longer than is necessary. Time can waste, as well as be wasted. The miracle-worker, therefore, accepts the time-control factor of the miracle gladly, because he knows that every collapse of time brings all men closer to the ultimate RELEASE from time, in which the Son and the Father ARE one.

**T 1 B 41h.** The real meaning "are of one kind" is "of one mind or will." When the will of the Sonship and the Father are one, their perfect accord IS Heaven.

**Urtext Manuscript Absolute page #46 Marked page #46**

**T 1 B 41i.** ASIDE Tell B. he is right in providing you with the consistent strength you need to get, and he needs to offer. Your instability and his weakness have resulted from bad karmic choices, and your relationship NOW is crucial for the future. You must both exert every effort to restore it to what it once was. Both of you are correcting where you have failed before. This has already enabled you to fulfill a very unexpected role in your own joint salvation, and the salvation of many other children I will entrust increasingly to you. These are by no means chosen at random. B. should know that his preparation is not only in terms of sharing in the results of your better application of some rather unusual talents. His own role, which he will understand after his preparation is complete, will be equally surprising. He will need your help then, as you need his strength now.

**T 1 B 41j.** Note that you DO NOT need his help as a scribe, because you developed this ability by your own efforts, and finally placed them at MY disposal. By lending you his strength, he strengthens himself. When he gains this through his own efforts, he will need your help in a very unexpected way. But this is just another example of the reciprocal nature of miracles.

**T 1 B 41k.** Equality does not imply homogeneity NOW. When EVERYONE has EVERYTHING, individual contributions to the Sonship will no longer be necessary. When the Atonement has been completed, ALL talents will be shared by ALL of the Sons of God. God is NOT partial. All of his children have His total love, and all of his gifts are given freely to everyone alike.

**T 1 B 41l.** "Except you become as little children<sup>67</sup>" means unless you fully recognize your complete dependence on God, you cannot know the real power of the Son in his true relationship with the Father.

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<sup>67</sup> **Matthew 18:3:** And said, "Assuredly, I say to you, unless you are converted and become as little children, you will by no means enter the kingdom of heaven.

**T 1 B 41m.** You and B. DO have special talents which are needed for the Celestial speedup at this time. But note that the term speed-up is not one which relates to the TRANSCENDING of time.

**T 1 B 41n.** When time is abolished, and all of the Sons of God have come home, no special agents will be necessary. But do not underestimate the power of special agents now, or the great need there is for them. I do not claim to be more than that myself. No one in his Right Mind, (a term which should be specially noted) ever wants either more or less than that. Those who are called on to witness for me NOW are witnessing for all men, as I am.

**T 1 B 41o.** The role of the Priestess was once to experience Revelations and to work miracles. The purpose was to bring those not yet available for direct Revelations into proper focus for them. Heightened perception was always the essential Priestess attribute.

**T 1 B 41p.** (This is the first time that HS ever said that she would be honored if there were any notes.)

**T 1 B 41q.** (Neither B. nor I is really clear about how sexual-impulses can be directly translated into miracle-impulses.) The fantasies that I mentioned yesterday (refers to discussion HS and B. had) provide an excellent example of how you switch. (Now switch the pronoun references, or it will be too confusing.)

**T 1 B 41r.** Fantasies are distorted forms of thinking, because they always involve twisting perception into unreality. Fantasy is a debased form of vision. Visions and Revelations are closely related. Fantasies and projection are more closely associated, because both attempt to control external reality according to false internal needs. "Live and let live" happens to be a very meaningful injunction. Twist reality in any way, and you are perceiving destructively. Reality was lost through usurpation, which in turn produced tyranny. I told you, you were now restored to your former role in the Plan of Atonement. But you must still choose freely to devote your heritage to the greater Restoration. As long as a single slave remains to walk the earth, your release is not complete. Complete restoration of the Sonship is the only true goal of the miracle-minded.

**T 1 B 41s.** Sexual fantasies are distortions of perception by definition. They are a means of making false associations, and obtaining pleasure from them. Man can do this only because he IS creative. But although he can perceive false associations, he can never make them real except to himself. As was said before, man believes in what he creates. If he creates a miracle, he will be equally strong in his belief in that. The strength of his conviction will then sustain the belief of the miracle receiver.

**T 1 B 41t.** NO fantasies, sexual or otherwise, are true. Fantasies become totally unnecessary as the Wholly satisfying nature of reality becomes apparent. The sex impulse IS a miracle impulse when it is in proper focus. One individual sees in another the right partner for "procreating the stock" (Wolff was not too far off here), and also for their joint establishment of a creative home. This does not involve fantasy at all. If I am asked to participate in the decision, the decision will be a Right one, too.

**T 1 B 41u.** In a situation where you or another person, or both, experience inappropriate sex impulses, KNOW FIRST that this is an expression of fear. Your love toward each other is NOT perfect, and this is why the fear arose. Turn immediately to me by denying the power of the fear, and ask me to help you to replace it with love.<sup>68</sup> This shifts the sexual impulse immediately to the miracle-impulse, and places it at MY disposal.

**T 1 B 41v.** Then acknowledge the true creative worth of both yourself AND the other one. This places strength where it belongs. Note that sexual fantasies are ALWAYS destructive (or depleting), in that they perceive another in an inappropriate creative role. Both people are perceived essentially as "objects" fulfilling THEIR OWN pleasure drives. This dehumanized view is the source of the DEPLETING use of sex. Freud's description is purely NEGATIVE, i.e., as a release from the UNPLEASANT. He also observed that the tension from id impulses never completely abates.

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<sup>68</sup> In the *Notes* this appears to be "will love" rather than "with love." In the *Urtext* manuscript it appears as "will (with) love." It seems fairly clear that the *Notes* represents a scribal error and the correct word is "with."



**T 1 B 41w.** What he should have said is that the shift from miracle-impulses to sexual impulses was debilitating in the first place, because of the level-confusion involved. This set up a state in which real release was impossible. Note also that Freud's notion of sex was as a device for inducing RELAXATION, which he confused with PEACE.

**T 1 B 41x.** Inappropriate sex relaxes only in the sense that it may induce physical sleep. The miracle, on the other hand, is an ENERGIZER. It always strengthens, and never depletes. It DOES induce peace, and by establishing tranquility (not relaxation) it enables both giver and receiver to enter into a state of Grace. Here his miracle-mindedness, (not release from tension) is restored.

**T 1 B 41y.** Tension is the result of a building-up of unexpressed miracle-impulses. This can be truly abated only by releasing the miracle-drive, which has been blocked. Converting it to sexual libido merely produces further blocking. Never foster this illusion in yourself, or encourage it in others. An "object" is incapable of release, because it is a concept which is deprived of creative power. The recognition of the real creative power in yourself AND others brings release because it brings peace.

**T 1 B 41z.** The peace of God which passeth understanding CAN keep your hearts now and forever.<sup>69</sup>

**T 1 B 41aa.** There are only two short additions needed here:

1. Your earlier acute problem in writing things down came from a MUCH earlier misuse of very great scribal abilities. These were turned to secret rather than shared advantage, depriving it (?) of its miraculous potential, and diverting it into possession. This is much like the confusion of sex impulses with possession-impulses. Some of the original material is still in the Temple. This is why you became so afraid about Atlantis. B. has his own reasons.

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<sup>69</sup> **Philippians 4:7** And the peace of God, which passeth all understanding, shall guard your hearts and your thoughts in Christ Jesus.

*Urtext Manuscript Absolute page #50 Marked page #50*

**T 1 B 41ab.** 2. Retain your miracle-minded attitude toward Rosie VERY carefully. She once hurt both of you, which is why she is now your servant. But she is blessed in that she sees service as a source of joy. Help her straighten out her past errors by contributing to your welfare now.

**T 1 B 41ac.** (special Revelation re HS -OMISSION 1.<sup>70</sup>)

**T 1 B 41ad.** HS question re past memories. ANSWER: As long as you remember ALWAYS that you never suffered anything because of anything that anyone ELSE did, this is not dangerous.

**T 1 B 41ae.** Remember that you who want peace can find it only by complete forgiveness. You never really WANTED peace before, so there was no point in knowing how to get it. This is an example of the "need to know" principle, which was established by the Plan of Atonement long before CIA.

**T 1 B 41af.** No kind of knowledge is acquired by anyone unless he wants it, or believes in some way he NEEDS it. A psychologist does NOT need a lesson on the hierarchy of needs as such, but like everyone else, he DOES need to understand his own.

**T 1 B 41ag.** This particular set of notes will be the only one which deals with the concept of "lack," because while the concept does not exist in the Creation of God, it is VERY apparent in the creations of man. It is, in fact, the essential difference.

**T 1 B 41ah.** A need implies lack, by definition. It involves the recognition, conscious or unconscious, (and at times, fortunately, superconscious) that you would be better off in a state which is somehow different from the one you are in.

**T 1 B 41ai.** Until the Separation, which is a better term than the Fall,<sup>71</sup> nothing was lacking. This meant that man had no needs at all. If he had not deprived himself, he would never have experienced them.

<sup>70</sup> From the Notes 5:46-47 the following was omitted:

"Priestess, a brother has knelt at your shrine. Heal Him through Me."

I have an idea that the shrine merely represented the "altar within," which the Priestess served. I imagine that the communication form was direct, and the "brother" always nameless. I – the Priestess responded automatically by praying directly to God, standing with upraised arms to draw down a blessing on her brother, who knelt outside. Her response was completely automatic and impersonal. She never even thought of checking the outcome, because there WAS no doubt.

I imagine there is STILL no doubt really. Except that the Priestess can no longer ask alone.

[Notes 5:47]

It was originally "sister" not "Priestess."

<sup>71</sup> **Genesis 3:1-7** Now the serpent was more cunning than any beast of the field which the LORD God had made. And he said to the woman, "Has God indeed said, "You shall not eat of every tree of the garden?" And the woman said to the serpent, "We may eat the fruit of the trees of the garden; but of the fruit of the tree which is in the midst of the garden, God has said, "You shall not eat it, nor shall you touch it, lest you die." Then the serpent said to the woman, "You will not surely die. For God knows that in the day you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, that it was pleasant to the eyes, and a tree desirable to make one wise, she took of its fruit and ate. She also gave to her husband with her, and he ate. Then the eyes of both of them were opened, and they knew that they were naked; and they sewed fig leaves together and made themselves coverings.

**T 1 B 41aj.** After the Separation, needs became the most powerful source of motivation for human action. All behavior is essentially motivated by needs, but behavior itself is not a Divine attribute. The body is the mechanism for behavior. (Ask any behaviorist, and he's RIGHT, too.)

**T 1 B 41ak.** You tell your own classes that nobody would bother even to get up and go from one place to another if he did not think he would somehow be better off. This is very true.

**T 1 B 41al.** Believing that he COULD be "better off" is the reason why man has the mechanism for behavior at his disposal. This is why the Bible says "By their DEEDS ye shall know them."<sup>72</sup>

**T 1 B 41am.** A man acts according to the particular hierarchy of needs he establishes for himself. His hierarchy, in turn, depends on his perception of what he IS, i.e., what he LACKS. This establishes his own rules for what he needs to know.

**T 1 B 41an.** Separation from God is the only lack he really needs to correct. But his Separation would never have occurred if he had not distorted his perception of truth, and thus perceived himself as lacking.

**T 1 B 41ao.** The concept of ANY sort of need HIERARCHY arose because, having made this fundamental error, he had already fragmented himself into levels with DIFFERENT needs. As he integrates, HE becomes one, and his ONE need becomes one accordingly. Only the fragmented can be confused about this.

**T 1 B 41ap.** Internal integration within the self will not (suffice to?) correct the lack fallacy, but it WILL correct the NEED fallacy. (Thank you for writing this as given.) Unified need produces unified action, because it produces lack of ambivalence.

**T 1 B 41aq.** The concept of needhierarchy, a corollary to the original error, requires correction at its OWN level, before the error of levels itself can be corrected. Man cannot operate (or behave) effectively while he operates at split levels. But as long as he does so, he must introduce correction from the bottom UP.

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<sup>72</sup> **Matthew 7:16-20** "By their fruits ye shall know them. Do *men* gather grapes of thorns, or figs of thistles? Even so every good tree bringeth forth good fruit; but the corrupt tree bringeth forth evil fruit. A good tree cannot bring forth evil fruit, neither can a corrupt tree bring forth good fruit. Every tree that bringeth not forth good fruit is hewn down, and cast into the fire. Therefore by their fruits ye shall know them."

**T 1 B 41ar.** This is because he now operates in space, where "up" and "down" are meaningful terms. Ultimately, of course, space is as meaningless as time. The concept is really one of space-time BELIEF. The physical world exists only because man can use it to correct his UNBELIEF, which placed him in it originally. As long as man KNEW he did not need anything, the whole device was unnecessary.

**T 1 B 41as.** The need to know is not safely under man's control at this time. It is MUCH better off under mine. Let's just leave it at that.

**T 1 B 41at.** (Specific question raised by WT re sex under existing conditions) (HS raised previous question about the past, which has just been answered.)

**T 1 B 41au.** The other question, however, I am more than willing to answer, because it is appropriate for NOW. You and B. both chose your present sex partners shamefully, and would have to atone for the lack of love which was involved in any case.

**T 1 B 41av.** You selected them precisely BECAUSE they were NOT suited to gratify your fantasies. This was not because you wanted to abandon or give up the fantasies, but because you were AFRAID of them. You saw in your partners a means of protecting against the fear, but both of you continued to "look around" for chances to indulge the fantasies.

**T 1 B 41aw.** The dream of the "perfect partner" is an attempt to find EXTERNAL integration, while retaining conflicting needs in the self.

**T 1 B 41ax.** B. was somewhat less guilty of this than you, but largely because he was more afraid. He had abandoned the hope (of finding a perfect partner) in a neurotic sense of despair of finding it. You, on the other hand, insisted that the hope was justified. Neither of you, therefore, was in your Right Mind.

**T 1 B 41ay.** As was said before, homosexuality is INHERENTLY more risky (or error prone) than heterosexuality, but both can be undertaken on an equally false basis. The falseness of the basis is clear in the accompanying fantasies. Homosexuality ALWAYS involves misperception of the self OR the partner, and generally both.

**Urtext Manuscript Absolute page #53 Marked page #53**

**T 1 B 41az.** Penetration DOES NOT involve magic, nor DOES ANY form of sexual behavior. It IS a magic belief to engage in ANY form of body image activity at all. You neither created yourselves, nor controlled your creation. By introducing levels into your own perception, you opened the way for body-image distortions.

**T 1 B 41ba.** The lack of love (or faulty need-orientation) which led to your particular person (not OBJECT) choices CAN BE corrected within the existent framework, and would HAVE to be in the larger interest of overall progress. The situation is questionable largely because of its inherent vulnerability to fantasy-gratification. Doing the best you can WITHIN this limitation is probably the best corrective measure at present. Any relationship you have undertaken for whatever reasons becomes a responsibility.

**T 1 B 41bb.** If you shift your own needs, some amount of corresponding shift in the need-orientation of the other person MUST result, This will be beneficial, even if the partner was originally attracted to you BECAUSE of your disrespect. Teaching devices which are totally alien to a learner's perceptual system are usually merely disruptive. Transfer depends on SOME common elements in the new situation which are understandable in terms of the old.

**T 1 B 41bc.** Man can never control the effects of fear himself, because he has CREATED fear and believes in what he creates. In attitude, then, though not in content, he resembles his own Creator, who has perfect faith in His Creations because he Created them. All creation rests on belief, and the belief in the creation produces its existence. This is why it is possible for a man to believe what is not true for anyone else. It is true for him because it is made BY him.

**T 1 B 41bd.** Every aspect of fear proceeds from upside down perception. The TRULY creative devote their efforts to correcting this. The neurotic devotes his to compromise. The psychotic tries to escape by establishing the truth of his own errors. It is most difficult to free him by ordinary means, only because he is more stable in his denial of truth.

**T 1 B 42.** The miracle makes no distinction among degrees of misperception. It is a device for perception-correction which is effective quite apart from either the degree or the direction of the error. This is its TRUE indiscriminateness.

**T 1 B 42b.** Christ-controlled miracles are selective only in that they are directed toward those who can use them for THEMSELVES. Since this makes it inevitable that they will extend them to others, a very strong chain of Atonement is welded. But Christ-control takes no account at all of the MAGNITUDE of the miracle itself, because the concept of size exists only in a plane that is itself unreal. Since the miracle aims at RESTORING reality, it would hardly be useful if it were bound by the laws of the same error it aims to correct. Only man makes that kind of error. It is an example of the "foolish consistency" his own false beliefs have engendered.

**T 1 B 42c.** Both the power and the strength of man's creative will must be understood, before the real meaning of denial can be appreciated and abolished. Denial is NOT mere negation. It is a positive miscreation. While the miscreation is NECESSARILY believed in by its own creator, it does not exist at all at the level of true Creation.

**T 1 B 43.** The miracle compares the creations of man with the higher level of creation, accepting what is in ACCORD as true, and rejecting the DISCORDANT as false. This is why it is so closely associated with validity. Real validity is both true AND useful, or better, it is useful BECAUSE it is true.

**T 1 B 43b.** All aspects of fear are untrue, because they DO NOT exist at the higher creative levels, and therefore do not exist at all. To whatever extent a man is willing to submit his beliefs to the real test of validity, to that extent are his perceptions healed (or corrected.)

**Urtext Manuscript Absolute page #55 Marked page #55**

**T 1 B 43c.** In sorting out the false from the true, the miracle proceeds much along the lines suggested very correctly by B., i.e.:

If perfect love casts out fear,<sup>73</sup>

And if fear exists,

Then there is NOT perfect love.

But

Only perfect love really exists.

**T 1 B 43c.** Therefore, if there is fear, it creates a state which does not exist.

Believe THIS and you WILL be free. Only God can establish this solution, for THIS faith IS His gift.<sup>74</sup>

**T 1 C. Distortions of Miracle Impulses (\*N 211 5:60)**

**T 1 C 1.** Man must contribute to his readiness here as elsewhere. The readiness for faith, as for everything else that is true, entails the two steps necessary for the release from fear.

**T 1 C 2.** Denial of fear, in human terms, is a strong defense because it entails two levels of error:

1. That truth CAN be denied and
2. That absence of truth can be effective.

**T 1 C 3.** EXPERIENCING fear, which is more characteristic of B., involves only the second error. However, these differences do not affect the power of the miracle at all, since only truth and error are its concern.

**T 1 C 4.** YOU are both more miracle-minded, and less able to recognize fear because of your stronger, but split, identification. B., also characteristically, is less miracle-minded, but better able to recognize fear, because his identification is more consistently right but weaker.

**T 1 C 5.** Together, the conditions needed for consistent miracle-mindedness, the state in which fear has been abolished, can be particularly well worked out. In fact, it WAS already well worked out before.

<sup>73</sup> **1 John 4:18** There is no fear in love; but perfect love casts out fear, because fear involves torment. But he who fears has not been made perfect in love.

<sup>74</sup> **Ephesians 2:8** For by grace you have been saved through faith, and that not of yourselves; it is the gift of God,

*Urtext Manuscript Absolute page #56 Marked page #56*

**T 1 C 6.** Your idea about the real meaning of "possession" should be clarified. Your own denial of fear (this refers to a visionary experience of HS) introduced some error variance, but not really a significant amount. However, there is always a chance that as the size of the sample increases, what was non-significant before may ATTAIN significance, so we had better get this out of the way now while you are still within the safety margin.

**T 1 C 7.** Fear of possession is a perverted expression of the fear of the irresistible attraction. (Aside. Yes, this DOES apply to homosexuality, among other errors, where the whole concept of possessing, or "entering" is a key fear. It is a symbolic statement of an inverted decision NOT to enter into, or possess, the Kingdom. In physical terms, which it emphasizes because of the inherent error of Soul avoidance, REAL physical creation is avoided, and fantasy gratification is substituted.)

**T 1 C 8.** The truth is still that the attraction of God is irresistible at ALL levels, and the acceptance of this totally unavoidable truth is only a matter of time. But you should consider whether you WANT to wait, because you CAN return now, if you choose. (Note to HS: You are writing this with improper motivation, but we will try anyway. If you are to stop, do so immediately.)

**T 1 C 9.** Possession is a concept which has been subject to numerous distortions, some of which we will list below:



1. It (possession) can be associated with the body only. If this occurs, sex is particularly likely to be contaminated. Possession versus being possessed is apt to be seen as the male and female role. Since neither will be conceived of as satisfying alone, and both will be associated with fear, this interpretation is particularly vulnerable to psychosexual confusion.

2. From a rather similar misperceptual reference point, possession can also be associated with things. This is essentially a shift from 1), and is usually due to an underlying fear of associating possession with people. In this sense, it is an attempt to PROTECT people, like the superstition about "protecting the name," we mentioned before.

**T 1 C 10.** Both 1) and 2) are likely to become compulsive for several reasons, including:

- a. They represent an attempt to escape from the real possession-drive, which cannot be satisfied this way.
- b. They set up substitute goals, which are usually reasonably easy to attain.
- c. They APPEAR to be relatively harmless, and thus SEEM to allay fear. The fact that they usually interfere with good interpersonal relationships can be interpreted, in this culture, as a lack of sophistication on the part of the OTHER (not the self), and this induces a false feeling of confidence in the solution, based on reliability NOT validity. It is also fairly easy to find a partner who SHARES the illusion. Thus, we have any number of relationships which are actually ESTABLISHED on the basis

of 1), and others which HOLD TOGETHER primarily because of the joint interests in 2).

d. The manifestly EXTERNAL emphasis which both entail seems to be a safety device, and thus permits a false escape from much more basic inhibitions. As a compromise solution, the ILLUSION of interpersonal relating is preserved, along with the retention of the lack of love component. This kind of psychic juggling leaves the person (or juggler?) with a feeling of emptiness, which in fact is perfectly justified, because he IS acting from scarcity. He then becomes more and more driven in his behavior, to fill the emptiness.

**T 1 C 11.** When these solutions have been invested with extreme belief, 1) leads to sex crimes, and 2) to stealing. The kleptomaniac is a good example of the latter.

**T 1 C 12.** Generally, two types of emotional disturbances result:

a. The tendency to maintain the illusion that only the physical is real. This produces depression.

b. The tendency to invest the physical with non-physical properties. This is essentially magic, and tends more toward anxiety-proneness.

c. The tendency to vacillate from one to the other, which produces a corresponding vacillation between depression AND anxiety.

**T 1 C 13.** Both result in self imposed starvation.<sup>75</sup>

**T 1 C 14. 3.** Another type of distortion is seen in the fear of or desire for "spirit" possession. The term "spirit" is profoundly debased in this context, but it DOES entail a recognition that

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<sup>75</sup> It is odd that it says "two things happen" and then lists three and then describes all three as "both." But that is the form in the *Notes*. This material is not preserved in any other version available to us. However, there are actually two, A) and B) with C) being a mix of the two which could be considered a third.

**Urtext Manuscript Absolute page #59 Marked page #59**

the body is not enough, and investing it with magic will not work. This recognition ACCEPTS the fact that neither 1) nor 2) is sufficient, but, precisely BECAUSE it does not limit fear so narrowly, it is more likely to produce greater fear in its own right.

**T 1 C 15.** Endowing the Spirit with human possessiveness is a more INCLUSIVE error than 1) or 2), and a step somewhat further away from the "Right Mind." Projection is also more likely to occur, with vacillations between grandiosity and fear. "Religion" in a distorted sense, is also more likely to occur in this kind of error, because the idea of a "spirit" is introduced, though fallaciously, while it is excluded from 1) and 2).

**T 1 C 16.** Witchcraft is thus particularly apt to be associated with 3), because of the much greater investment in magic.

**T 1 C 17.** It should be noted that 1) involves only the body, and 2) involves an attempt to associate things with human attributes. Three, on the other hand, is a more serious level confusion, because it endows the Spirit with EVIL attributes. This accounts both for the religious zeal of its proponents, and the aversion (or fear) of its opponents. Both attitudes stem from the same false belief.

**T 1 C 18.** This is NOT what the Bible means by "possessed of the Holy Spirit." It is interesting to note that even those who DID understand that could nevertheless EXPRESS their understanding inappropriately. The concept of "speaking

**Urtext Manuscript Absolute page #60 Marked page #60**

in many tongues" was originally an injunction to communicate to everyone in his own language, or his own level. It hardly meant to speak in a way that NOBODY can understand. This strange error occurs when people DO understand the need for Universal communication, but have contaminated it with possession fallacies. The fear engendered by this misperception leads to a conflicted state in which communication IS attempted, but the fear is allayed by making the communication incomprehensible.

**T 1 C 19.** It could also be said that the fear induced selfishness, or regression, because incomprehensible communication is hardly a worthy offering from one Son of God to another.

**T 1 C 20. 4.** Knowledge can also be misinterpreted as a means of possession. Here, the content is not physical, and the underlying fallacy is more likely to be the confusion of mind and brain. The attempt to unite nonphysical content with physical attributes is illustrated by statements like "the thirst for knowledge." (No Helen, this is NOT what the "thirst" in the Bible means. The term was used only because of man's limited comprehension, and is probably better dropped.)

**T 1 C 21.** The fallacious use of knowledge can result in several errors, including:

- a.** The idea that knowledge will make the individual more attractive to others. This is a possession-fallacy.
- b.** The idea that knowledge will make the individual invulnerable. This is the reaction formation against the underlying fear of vulnerability.

***Urtext Manuscript Absolute page #61 Marked page #61***

c. The idea that knowledge will make the individual worthy. This is largely pathetic.

**T 1 C 22.** Both you and B. should consider type 4) VERY carefully. Like all these fallacies, it contains a denial mechanism, which swings into operation as the fear increases, thus canceling out the error temporarily, but seriously impairing efficiency.

**T 1 C 23.** Thus, you claim you can't read, and B. claims that he can't speak. Note that depression is a real risk here, for a Child of God should never REDUCE his efficiency in ANY way. The depression comes from a peculiar pseudo-solution which reads:

A Child of God is efficient.

I am not efficient.

Therefore, I am not a Child of God.

**T 1 C 24.** This leads to neurotic resignation, and this is a state which merely INCREASES the depression.

{(Ed. Note) The following shows up and is crossed out, and is repeated on page 69 with the last sentence missing:}

**T 1 C 25.** The<sup>76</sup> corresponding denial mechanism for 1) is the sense of PHYSICAL inability, or IMPOTENCE. The denial mechanism for 2) is often bankruptcy. Collectors of things often drive themselves well beyond their financial means, in an attempt to force discontinuance. If this idea of cessation cannot be tolerated, a strange compromise involving BOTH insatiable possessiveness and insatiable throwing-away (bankruptcy) may result. An example is the inveterate or compulsive gambler, particularly the horse-racing addict. Here, the conflicted drive is displaced both from people AND things, and is invested in animals. The implied DEROGATION of people is the cause of the underlying EXTREME superstition of the horse racing addict.

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<sup>76</sup> {(Ed. Note) The following paragraph shows up and is crossed out, and is repeated on *Urtext* page 69 (T 2 A 16-19) with the last sentence missing. One might argue that it should only have been included once however we decided to include it in both locations. This material has not been located in the *Notes*.}